



READ MEDIA

AUTUMN TITLES

2023

PRESS CONTACTS

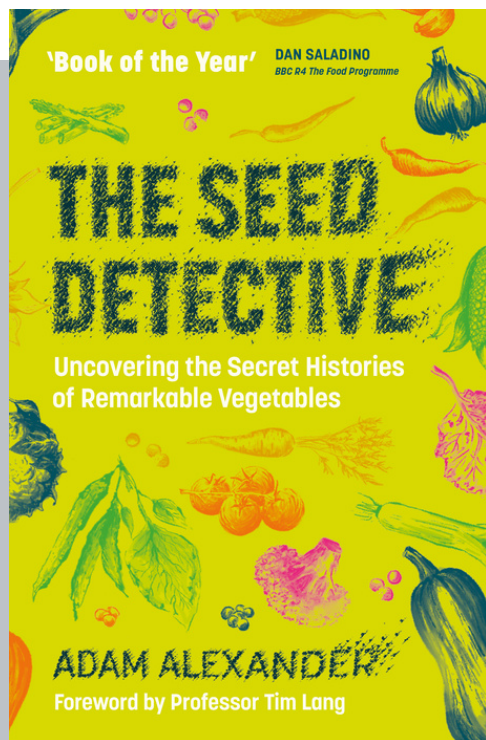
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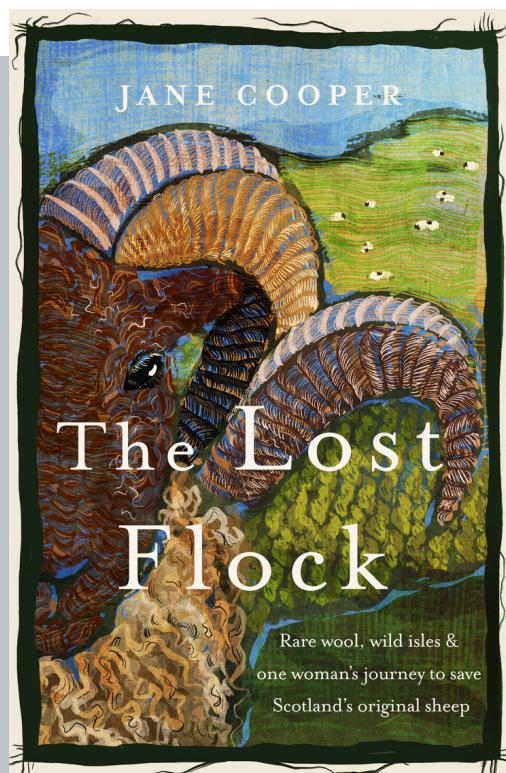
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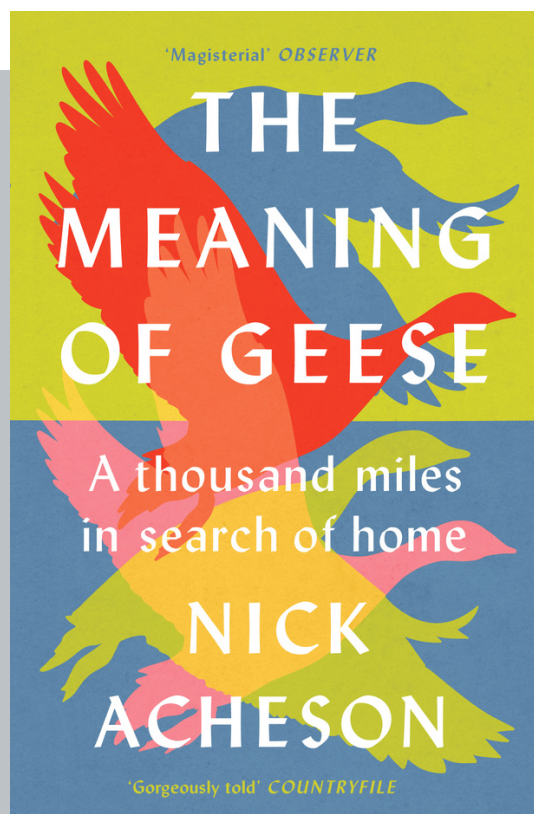
PRESS CONTACT - READ MEDIA**Katie Read:** katie@readmedia.co.uk**Claire Maxwell:** claire@readmedia.co.uk

Adam Alexander is The Seed Detective and is on a mission to seek out local vegetable growers of endangered heritage and heirloom varieties. Adam takes home seeds to grow and share so that he could enjoy their delicious taste and save them from being lost forever. In The Seed Detective, Adam shares his own stories of seed hunting, with the origin stories behind many of our everyday vegetable heroes. Taking us on a journey that began when we left the life of the hunter-gatherer to become farmers, he tells tales of globalisation, political intrigue, colonisation and serendipity – describing how these vegetables and their travels have become embedded in our food cultures.

Paperback Edition Publication Date:**7th September 2023**

The Lost Flock is the story of the remarkable and rare little horned sheep, known as Orkney Boreray, and the wool-obsessed woman who took the bold step to uproot her quiet suburban life in Newcastle and relocate to Orkney one of Scotland's wildest islands to save them. Embarking on a new adventure and life as farmer and shepherd. Jane was astonished to find that she was the sole custodian of this lost flock in the world, and so she began investigating their mysterious and ancient history, tracking down the origins of the Boreray breed and its significance to Scotland's natural heritage. This is a so-far untold real-life detective story. It is also the story of one woman's relentless determination to ensure a future for her beloved sheep, and in doing so revealing their deep and important connection to the Scottish landscape.

Publication Date: 14th September 2023

PRESS CONTACT - READ MEDIA**Katie Read:** katie@readmedia.co.uk**Claire Maxwell:** claire@readmedia.co.uk

Conservation expert and presenter, Nick Acheson spent the winter of lockdown in pursuit of the geese that fill his beloved Norfolk skies on their seasonal visits from Iceland and Siberia. Over seven months he cycles 1,200 miles – the exact length of the pinkfeet's migration to Iceland. Over the course of seven months Nick keeps a diary of his sightings as well as the stories he discovered through the community of people, past and present, who loved them too. Yet, with the impacts of climate change the geese's future migrations are no longer a given, and as spring arrives and Nick says goodbye to the last of the geese, the question of whether they will return the following seasons hangs in the air.

Paperback Edition Publication Date:
21st September 2023

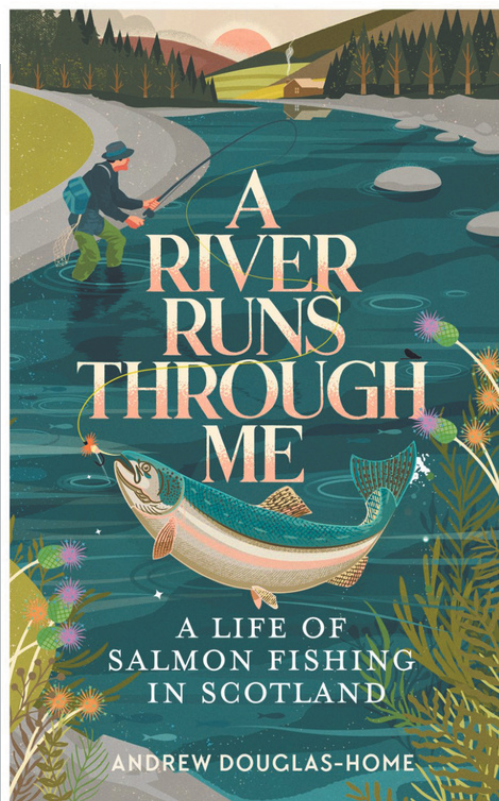


© Photo by Jason Lowe

Field, Fork, Fashion: Bullock 374 and a Designer's Journey to Find a Future for Leather. This is the story of a cow, Bullock 374, and its journey from field to fork and into fashion. In this personal investigation into ethical and traceable leather, fashion designer Alice Robinson begins a ground-breaking journey into the origin story of leather and its connection to food and farming. How much do we know about where leather comes from? Alice's questions led back to her childhood home in rural Shropshire, where she decided to buy Bullock 374 and follow its journey from a local farm to the abattoir, then to the butchery and finally to the tannery. The journey culminates with Alice's own design practice as she creates a collection based on this single hide. In doing so, Alice would begin to see the bigger picture – and connect farm, food and fashion.

Publication Date: 12th October 2023

Elliott & Thompson



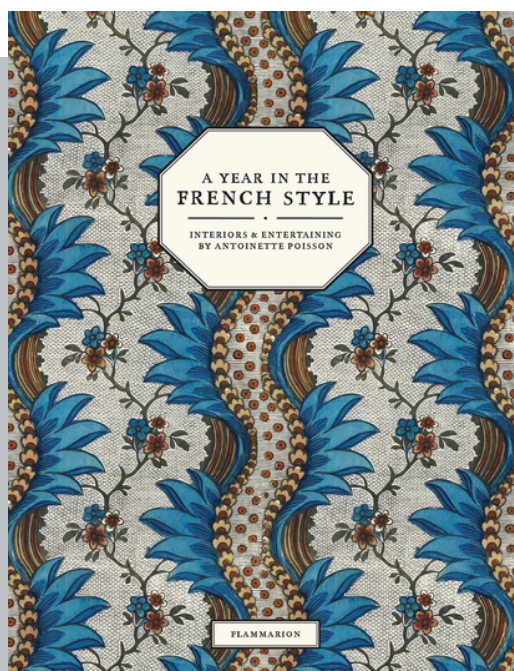
PRESS CONTACT - READ MEDIA
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Tracing the shifts and moods of four seasons along Scotland's River Tweed, Andrew Douglas-Home weaves a story of a close relationship with nature and one of its most iconic denizens; the salmon. Threaded through the year are stories too of one of the country's oldest families; stories of politics, military service, culture and the stewardship of our natural world. Andrew spins a homely, yet forthright and dryly witty narrative; both the perfect companion for those who love river fishing and a detailed and informative take on preservation and conservation; looking back at age-old practices and traditions and looking forward to what we must do to secure the future of the Atlantic salmon and their rivers.

Publication Date: 13th July 2023

Flammarion

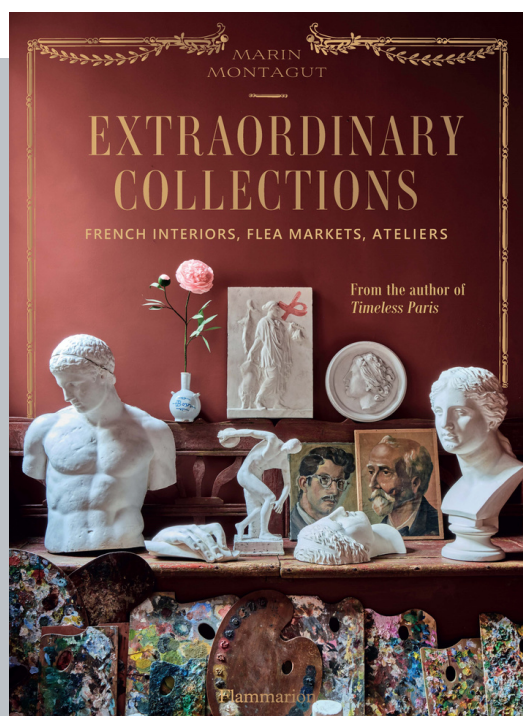
PRESS CONTACT - READ MEDIA
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A Year in the French Style

The creative duo behind Antoinette Poisson – the Parisian workshop dedicated to reviving the art of ‘domino’ paper for home decoration and furnishings – take readers inside their historic home in Port-Louis, Brittany. In this exquisitely photographed book, they also share their art de vivre as well as celebrating the rhythm of life in France through the seasons, from antiquing and foraging to shopping at the local market and creating classic French meals. It is an ode to timeless pleasures and a life well-lived ... à la française.

Publication Date: 21st September 2023



Extraordinary Collections: French Interiors, Flea Markets, Ateliers

The art of collecting and accumulating kindred objects is at the core of timeless French style. Artist, designer and talented antique hunter Marin Montagut celebrates the joy of collecting everything from textiles to mercury glass candlesticks to architectural details, taking readers inside ten private homes, flea markets and unusual ateliers to discover the most whimsical treasure troves in France. Marin's moodboards and watercolour illustrations for each chapter provide endless ideas for the home.

Publication Date: 26th October 2023

Flammarion

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Pierre Frey

Famous for the variety and boldness of its inspired designs, Pierre Frey has asserted itself in the luxury market as the uncontested global leader in soft furnishing textiles and wallpapers. Having acquired Braquenié and Le Manach, Pierre Frey possesses one of the most important private textile heritages in the world. Drawing from its archives, this comprehensive monograph is an extraordinary immersion into the heart of its creative universe.

Publication Date: 28th September 2023



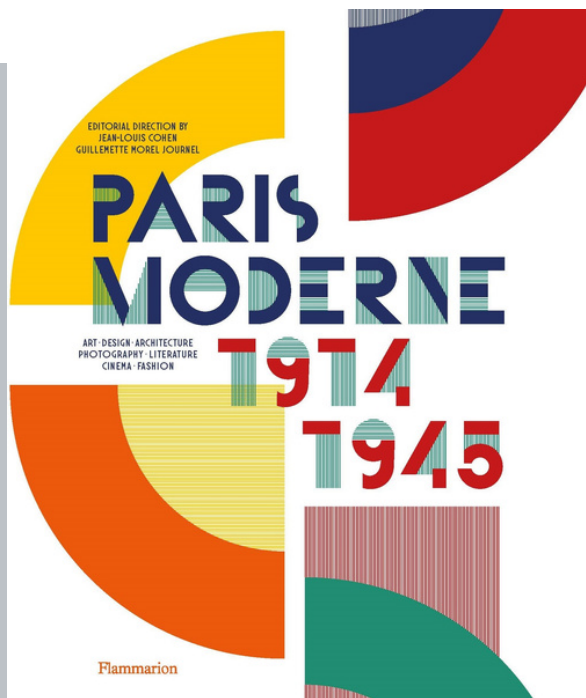
Bagatelle

An unprecedented look into the history, art and gardens of Château de Bagatelle, the Parisian getaway villa of kings and royal family members. Spared by the Revolution, Bagatelle became the setting for many important moments in European history and was acquired by the city of Paris in 1905. While the park with its magnificent rose garden remained open, the Mansart Foundation, with a team of experts, oversaw an extensive renovation of the château to restore it to its former glory.

Publication Date: 21st September 2023

Flammarion

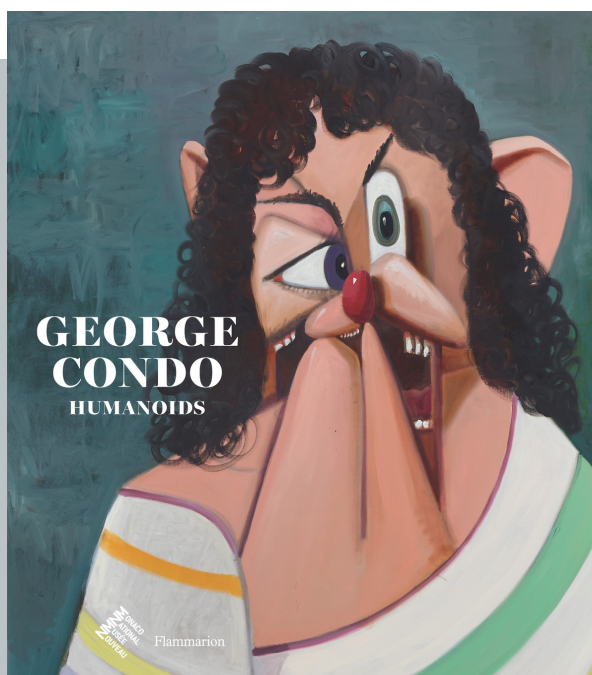
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Paris Moderne: 1914-1945

Whether at peace or at war, Paris during the first half of the 20th century pulsated with frenzied energy. Creatives from across Europe flocked to the French capital where they had free reign to experiment with innovative forms of expression. Spanning art, design, architecture, photography, fashion and cinema, Paris Moderne 1914-1945 is kaleidoscopic portrait of this exhilarating artistic surge, documented in dictionary form through biographical profiles of nearly 100 leading creators, including Josephine Baker, Coco Chanel, Man Ray and Le Corbusier.

Publication Date: 5th October 2023



George Condo

George Condo is renowned for his eclectic mix of artistic influences - from the Old Masters to cubism to pop art. His paintings and sculptures feature Humanoids—figures that are metaphors of our humanity, magnifying our emotions and revealing our high and low points. For the first time in his own words, Condo reveals the genesis and significance of his distorted creations and unveils previously unseen paintings created during the pandemic and the political turmoil in the US.

Publication Date: 7th September 2023

Flammarion

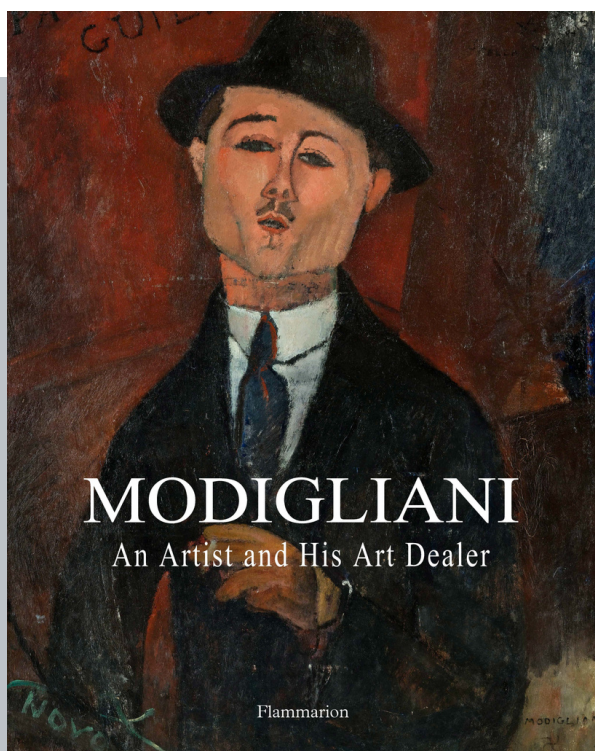
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Shiro Tsujimura

This comprehensive monograph on the life and work of iconoclastic Japanese artist Shiro Tsujimura demonstrates how, in his signature self-taught manner, he has reinvented the classic ceramic art form. It takes readers inside his studio and home to discover his artistic practice and lifestyle. Axel Vervoordt contributes a highly personal essay, providing rare insight into this magnetic artist.

Publication Date: 26th October 2023



Modigliani

This catalogue and the accompanying exhibition at the Musée de l'Orangerie in Paris (20 Sept 2023– 15 Jan 2024) demonstrate how Modigliani's partnership with his gallerist Paul Guillaume influenced his painting. It illustrates their links with the Parisian artistic and literary milieu of the 1910s and Guillaume's role in championing Modigliani's work on the French and American art markets in the 1920s.

Publication Date: 5th October 2023

Flammarion

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COLOR A Master Class

Camille
Viéville



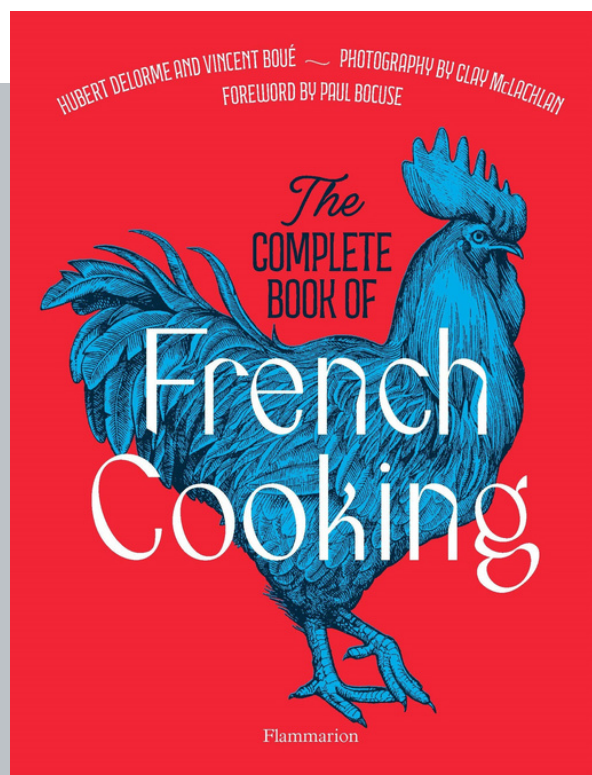
Colour: A Masterclass

A comprehensive, illustrated guide to the history and symbolism of colours, as used in artworks throughout the ages, from prehistory to the present day. With a gallery of sixty works, it unfurls over thirty major periods in the development of colour in the arts, elucidating their characteristics, key works and exponents.

Publication Date: 14th September 2023

Flammarion

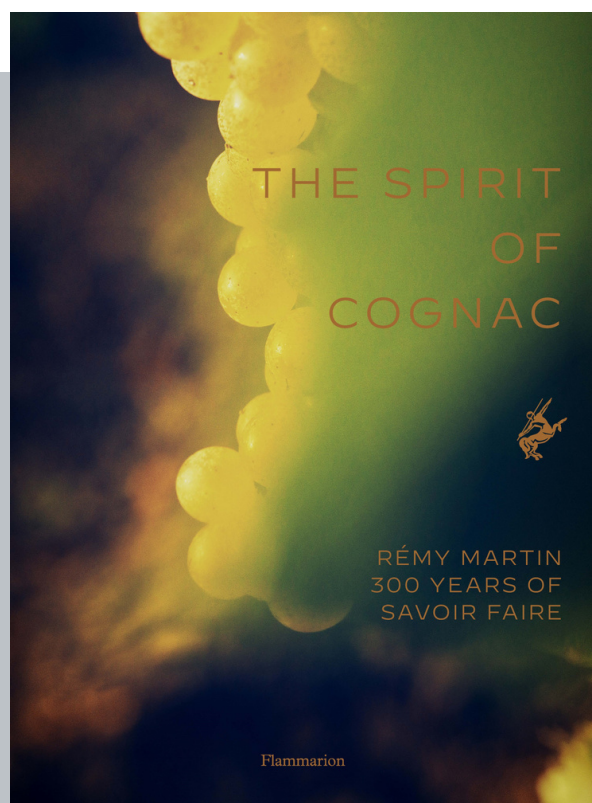
PRESS CONTACT - READ MEDIA
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The Complete Book of French Cooking

This fully updated new edition is a comprehensive, illustrated guide to classic French cooking techniques and recipes, with detailed explanations from culinary school instructors. With 165 classic recipes and all the fundamental techniques explained step-by-step, it includes a foreword by the late, legendary Paul Bocuse who described the book as “an invaluable kitchen companion” for novice and established cooks.

Publication Date: 7th September 2023



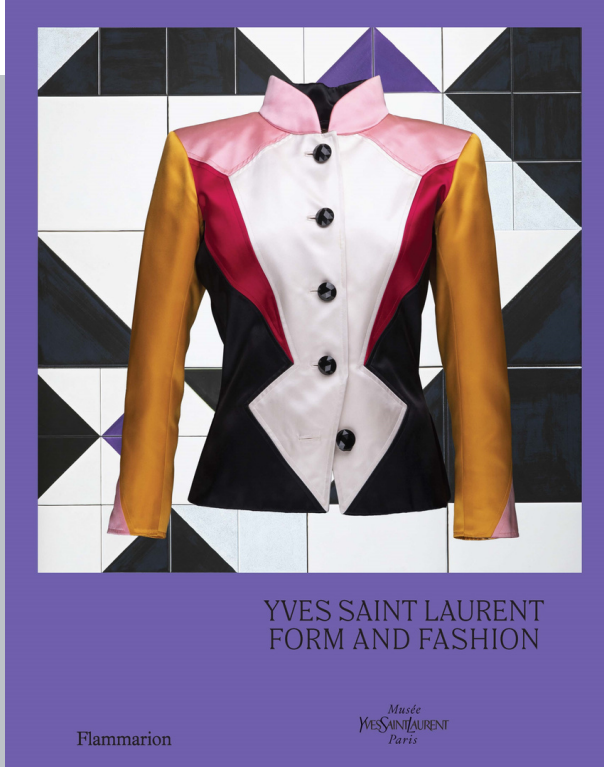
The Spirit of Cognac

To celebrate the Rémy Martin tercentenary, this exquisitely produced book invites readers to step inside the historic wineries, to explore the vineyards of the Cognac region, and to dive into the fascinating story of Rémy Martin. Features a cognac pairing guide and cocktail recipes, previously unpublished archival documents and newly commissioned images by Magnum photographer Harry Gruyaert.

Publication Date: 12th October 2023

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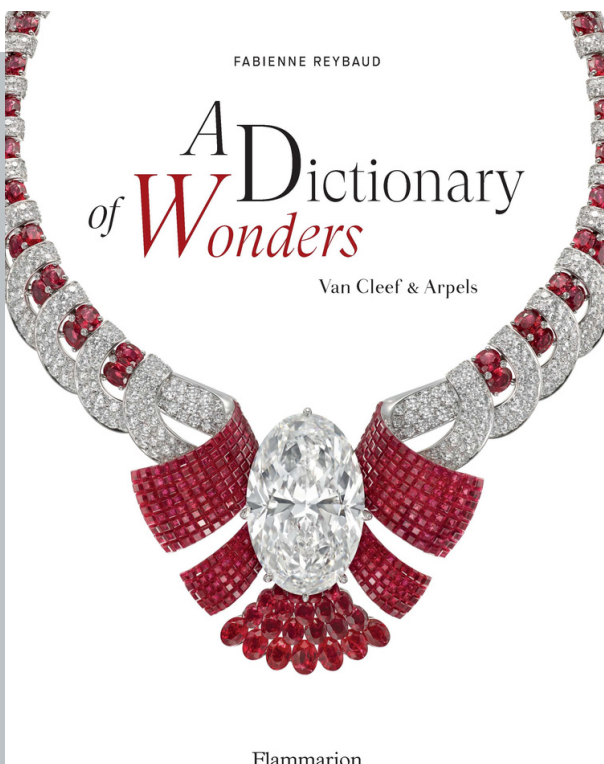
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Yves Saint Laurent

Legendary couturier Yves Saint Laurent invented a multitude of new silhouettes that eclipsed traditional forms in fashion. His ongoing exploration of shape and form incessantly pushed the boundaries of his creativity and led to his most groundbreaking and iconic designs. The book accompanies an exhibition at the Musée Yves Saint Laurent, Paris (8 June 2023-Jan 2024)

Publication Date: 5th October 2023



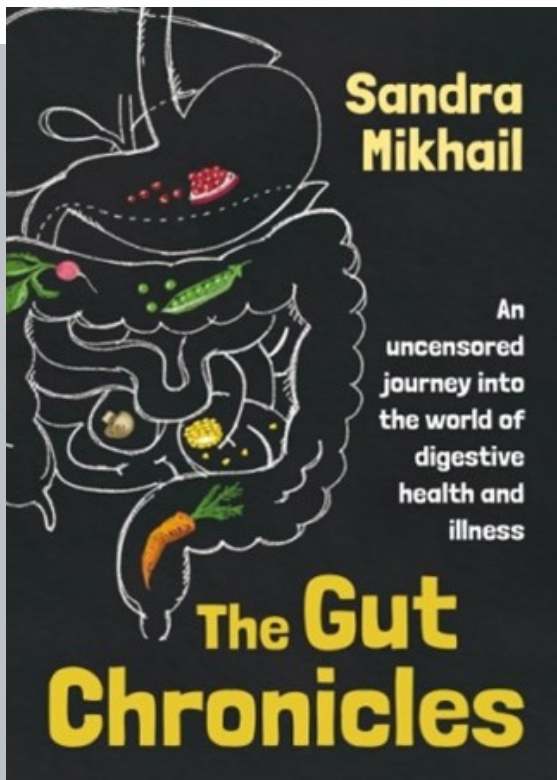
A Dictionary of Wonders

A voyage into the heart of the famous jeweller Van Cleef & Arpels' universe to discover their creations. This opus, arranged as an alphabetical guide, revisits their themes and codes: indispensable historical references to emblematic jewels, precision watchmaking and jewellery-making techniques demonstrating unique savoir faire, and artistic collaborations.

Publication Date: 16th November 2023

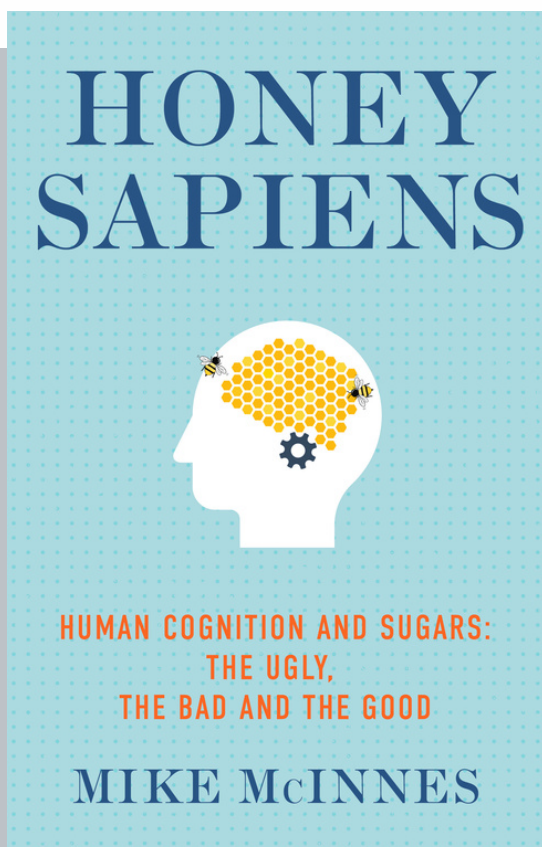


PRESS CONTACT - READ MEDIA
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A no-nonsense, at times humorous, guide to gut health and disease drawing on lived examples from the author's professional practice and personal health history and including gut health basics, the building blocks of food, the gut microbiome and the seven commonest gut conditions, finishing with a roadmap to a blissful gut.

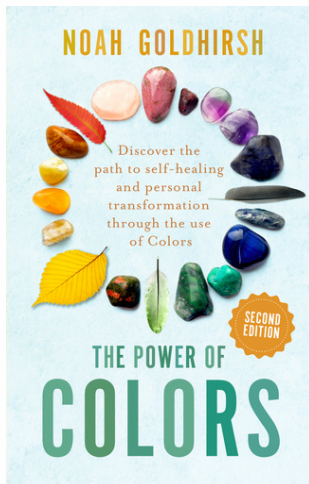
Publication Date: 25th May 2023



Every human function requires energy, and no organ more so than the brain which accounts for only 2% of body weight but consumes 20% of total body energy production. Without a sufficient energy supply we lose the ability to think clearly, react quickly or make good decisions. In Honey Sapiens, pharmacist and sports nutritionist Mike McInnes explores human energy metabolism and how this is affected negatively by refined sugars, but positively by honey and how its bioflavonoids support brain function long-term and protect it from refined sugar degradation - a key factor in memory loss, dementia and neurocognitive problems.

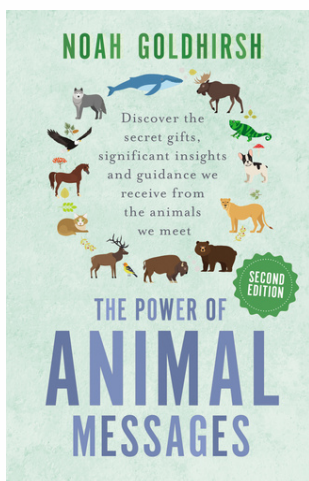
Publication Date: 13th July 2023

The Power of Alternative Medicine Trilogy **By Noah Goldhirsh**



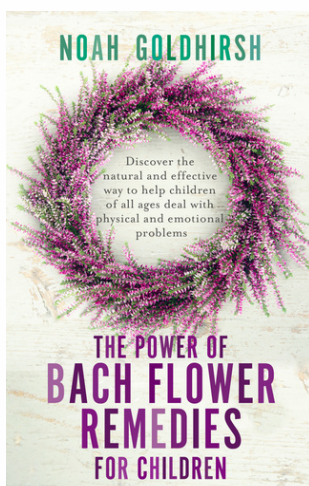
A path to self-healing and personal transformation through Native American ancient wisdom. Noah Goldhirsh shares the meaning of colors that surround us and how they affect us physically, psychologically and emotionally, showing how we can use their power to understand our strengths and how to maximize these to realize our full potential.

Publication Date: 27th July 2023



A path to self-knowledge through understanding the secret gifts we receive from the animals we encounter. Noah Goldhirsh explains the ANIMM method, which adapts traditional Native American practices to the contemporary world as a means of communicating through animals, allowing us to receive messages from the universe and understand important situations in our lives through the animals we meet – some physically, and others virtually.

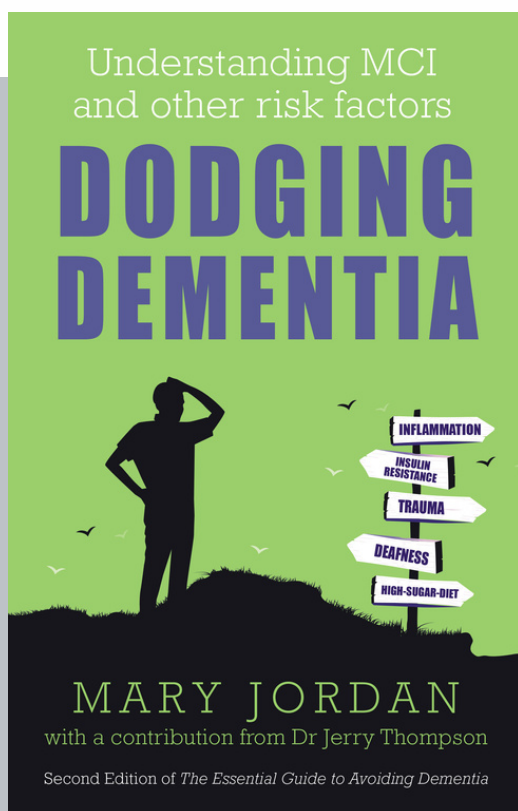
Publication Date: 28th September 2023



How to use British medical doctor and homeopath Dr Edward Bach's 38 flower remedies to help young people overcome physical, emotional and mental health problems gently and without medications to achieve healing and equilibrium. Administered at extremely low concentrations, they are used worldwide, singly and in combination, and favoured for their gentle benefits. Dr Masaru Emoto's scientific studies since 1994 provide us with the scientific basis for the homeopathic method, enabling us to understand the real and practical foundation of treatment based on Bach Flower Remedies.

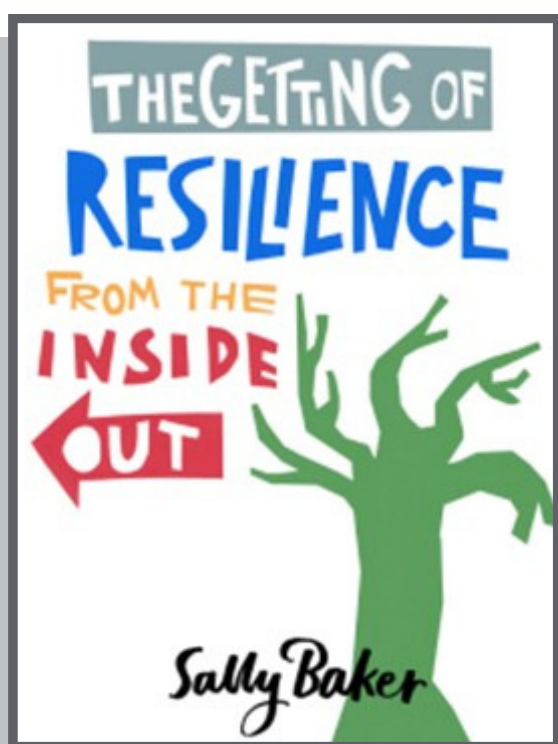
Publication Date: 14th September 2023

PRESS CONTACT - READ MEDIA
Sophie Clarke: sophie@readmedia.co.uk



If you have concerns about you or a loved one developing dementia, Mary Jordan guides you through how to assess your personal risk and the many things you can do to mitigate that risk based on the latest evidence. Including: diet, exercise, trauma, pharmaceuticals, genetics, social isolation, sleep, neurological deficits such as hearing loss, insulin resistance and diabetes type 2. Whether you have a close relative with dementia, a history of high-risk factors for this condition, or a diagnosis of MCI (mild cognitive impairment) Mary offers advice on what you can do to 'dodge' what is definitely not inevitable based on her professional and personal experience.

Publication Date: January 2024



How to reverse the pernicious effects of powerlessness in early life that can lead to heightened anxiety, non-confrontational behaviour, people-pleasing and 'adult failure to thrive' based on Sally Baker's therapeutic practice and her own personal experience.

Publication Date: January 2024

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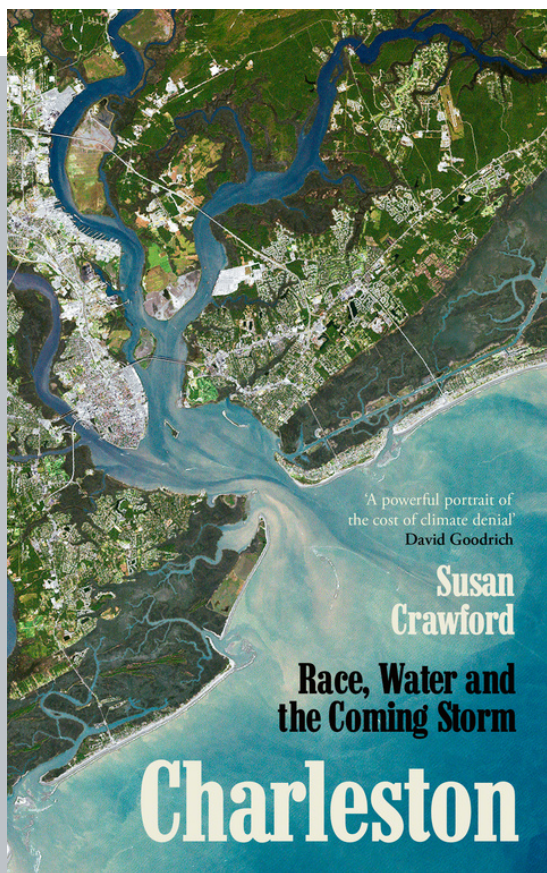
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Enigma Traitors is based on years of original research and the result of a longstanding (>30-year) interest and written by code-breaking and Enigma expert Dermot Turing. Answering for the first time the question 'if the Germans were reading Allied material, how come they didn't figure out that we were reading Enigma?' and tells the full story for a trade audience for the first time. Everyone has heard of Enigma and code-breaking in the Second World War. Ace code-breakers from the previous war form the nucleus of a secret operation which achieves the impossible: obtaining war-winning intelligence from the enemy's secret codes. But here the code-breakers are German and the weak enemy codes are the Allies', who have no idea what is happening. What is more, the German Enigma cipher is the strongest in the world.

Publication Date: 2nd November 2023

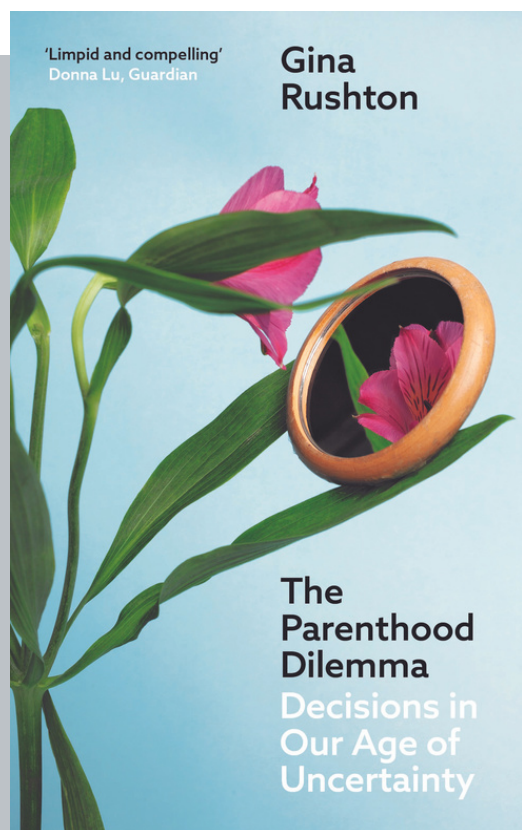


About the Author: Dermot Turing is the author of the acclaimed biography 'Prof', about the life of his uncle, Alan Turing. He spent his career in the legal profession after graduating from Cambridge and Oxford, and is a trustee of Bletchley Park. He has extensive knowledge of World War II code-breaking and is a regular presenter at major cryptology events. He lives in St Albans.



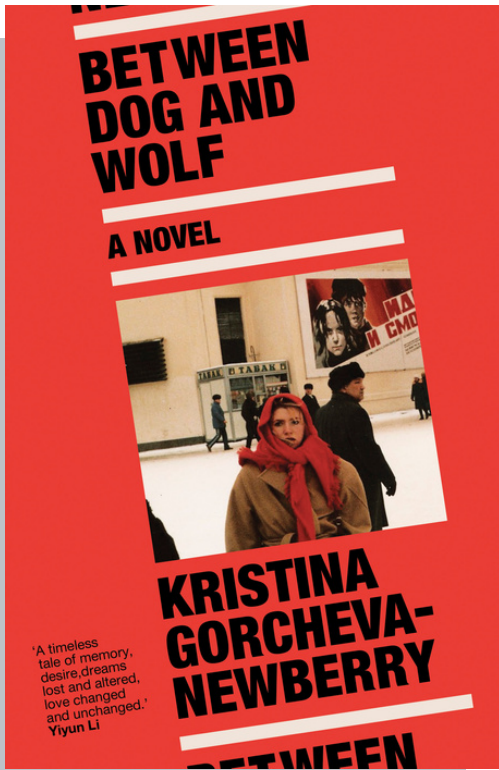
An unflinching look at Charleston, a beautiful, endangered port city, founded by English settlers in 1669 as a hub of the sugar and slave trades, which now finds itself at the intersection of the twin crises of climate and race. Unknown to the tourists, rapidly rising sea levels and increasingly devastating storms are mere years away from rendering the city uninhabitable. If this precarity is hidden, it is because the state has a strong interest in keeping up appearances, valuing profit and property above all else, and because the city's Black and lower-income residents will bear the brunt of the storm. Susan Crawford shows how Charleston and scores of other coastal communities - must reimagine its future before rising waters stymie its ability to act at all. This evocative and important book demonstrates why and how.

Publication Date: 24th August 2023



Should we become parents? When Gina Rushton considered this decision, the choice was less straightforward than she had assumed. Her search for an answer only uncovered more complexity. How do race, gender and class affect our experiences of pregnancy, birth, and parenthood? How do we address the paradox of creating new life on a planet facing catastrophic climate change? How do we navigate uncompromising workplace cultures and the pitfalls of excessive emotional labour? How does our own childhood impact how we choose to parent, if we do so at all? Drawing on a depth of knowledge gained through her work as an award-winning journalist, as well as her personal experiences, Rushton wrote the book she and others needed to transform the discourse around the parenthood dilemma.

Publication Date: 7th September 2023



The hour between dog and wolf is twilight, when it is hard to distinguish between known and unknown, right and wrong. In 1980s Russia, Soviet policies, cruel but familiar. Four teenagers, whose lives, like those of their Western counterparts, are fuelled by sex, alcohol and cigarettes – yearn for a world of freedom to choose their fates. Instead, like their ancestors, they encounter heartbreak and tragedy. With a nod to Chekhov's *The Cherry Orchard*, crumbling dachas surrounded by apple orchards, the scenes of idyllic summers, are slated for destruction as capitalism corrupts and corrodes the best of the past without bringing a promise of renewal. Yet while depicting a bloody and desperate era, this debut novel pulsates with life. It is radiant with friendship and love, the power of international literature, values and politics, as its characters struggle to survive, to save their country and one another.

Publication Date: 19th October 2023

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'This book is brilliant: gripping, powerful and one of the best thrillers I've ever read – I could not put it down.' **VICTORIA DERBYSHIRE**

BETWEEN THE LIES

Louise Tickle

When it comes to families, is anyone a reliable witness? Cherry Magraw can never forget the date her mother and brother were killed - the night of her ninth birthday. When her father was jailed for their murders, she lost everyone she loved. Twenty years later, Cherry is a freelance journalist investigating domestic abuse and the secret world of the family courts, when she gets a letter from her father - still in prison for the killings - which contains a startling request. From that point on, her past becomes entangled with her work, dismantling everything Cherry thought she knew about her family tragedy and plunging her into a dangerous game of cat and mouse. Will her history cloud her judgement about another desperate family? And how far will she go to save someone else's children?

Publication Date: 19th October 2023

Louise
Tickle



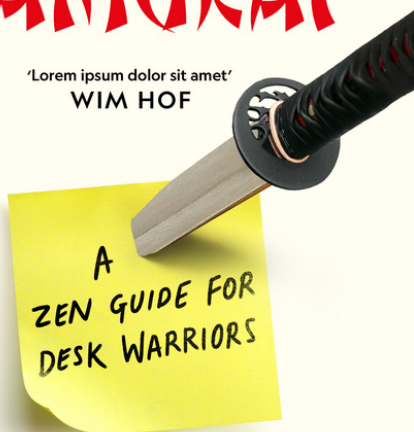
© Photo by Camilla Reynolds

About the author

Louise Tickle is an award-winning journalist and broadcaster who specialises in reporting on domestic abuse, family courts and child protection. Between the Lies is her first novel. www.louisetickle.co.uk

THE NEGLECTED SAMURAI

'Lorem ipsum dolor sit amet'
WIM HOF



Jurcell Virginia & Hideo Muramatsu
Edited by Catherine Evans

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Jurcell Virginia was riding high. A gift for numbers had earned him a top job in private equity. He had a salary like a telephone number, a gorgeous apartment in the swishest part of Amsterdam, he travelled every month to the world's most exotic locations... then one cold day in April, he lost his job. His world came crashing down. After some painful introspection, He saw the need for a fundamental change. This book examines physical and mental strength, creativity and how to foster it, epigenetics, the Wim Hof Method, breathing, yoga, mindfulness, meditation and overcoming prejudice and racism. It's about dealing with life's harsh realities, like rejection, illness and death. Above all, it examines what it means to live in harmony, to live with integrity, and how to face any conflict with honour and compassion. Reading it is like propping up a bar with a funny but well-informed samurai.

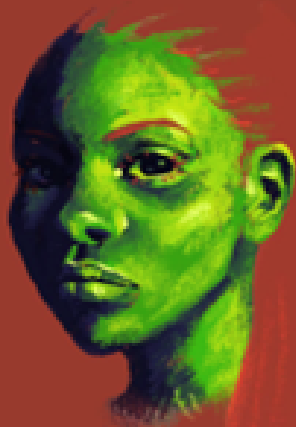
Publication Date: March 2024

Neveah is fifteen. A schoolkid. With a secret life. She's a digital freelancer, and is having an affair with her biggest client, Giles. Giles is married. He thinks Neveah is twenty-two. She'll do just about anything to stop him from finding out her true age. But secrets have a way of spilling out. With devastating consequences. The novel is an examination of the early sexualisation of young girls, and society's collective collusion in this process, including by the girls themselves. Why do some young girls become sexually active way sooner than is good for them? If a man has sex with a girl who lies about her age, is he still culpable? Welcome to the murky world of contemporary sex, where everyone has something to hide.

Publication Date: 26th September 2023

Fiction

all grown up



catherine evans



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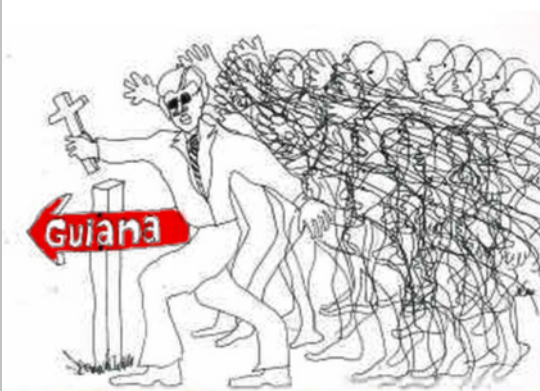
Hamburg, 1947. Adam, a young British lawyer is posted to the destroyed city to assist in the prosecution of Nazi war criminals, an exhausting, soul-destroying and demoralising task. He falls in love with Rose, an aristocratic German girl forced to work as a prostitute during a time of strict anti-fraternisation rules. Rose is beautiful, educated, clever, witty... and Adam becomes increasingly obsessed with her. Then a Nazi prisoner, responsible for the cold-blooded killing of hundreds of innocents, escapes while in Adam's custody. There is only one place for the desperate man to hide: in Hamburg's forbidden Dead Zone. And Adam is even more desperate to find him, no matter what the cost.

Publication Date: 26th September 2023

PARADISE UNDONE

A Novel of Jonestown

Annie Dawid



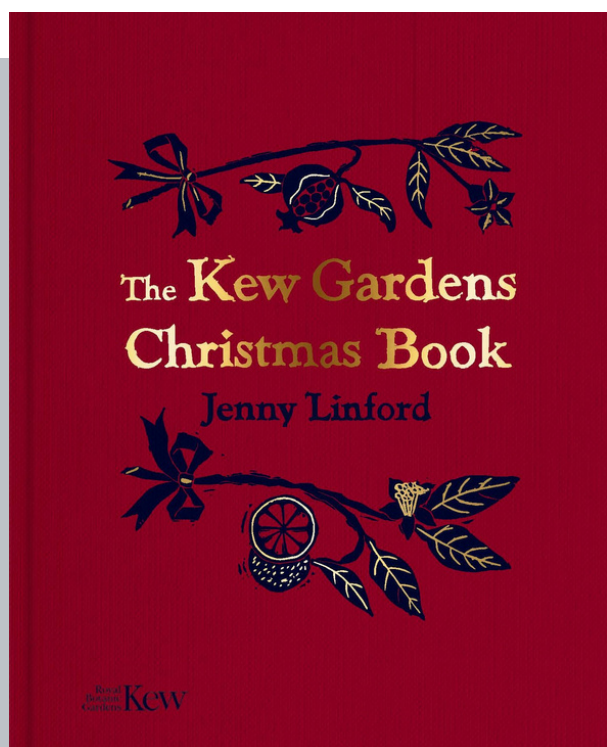
Everyone believes that Marceline Baldwin, a shy pastor's daughter, is destined for the shelf. Then she meets the charismatic Jim Jones, who conquers her, body and soul. She and her new husband are determined to change the world. In 1950s segregated America, they adopt their own rainbow family, in the face of fierce hostility and aggression. With Marceline's help, Jones builds himself a following, the People's Temple, which gives hope to the poor, the miserable, the alienated and disenfranchised of all colours, and from all walks of life. They build a commune in the jungle of British Guyana, founded on the ideals of equality and brotherly love. But this Eden too has its serpent. One so maniacally egotistical that he cannot bear to leave any of his followers behind. They must all go with him, even into death.

Publication Date: 18th November 2023



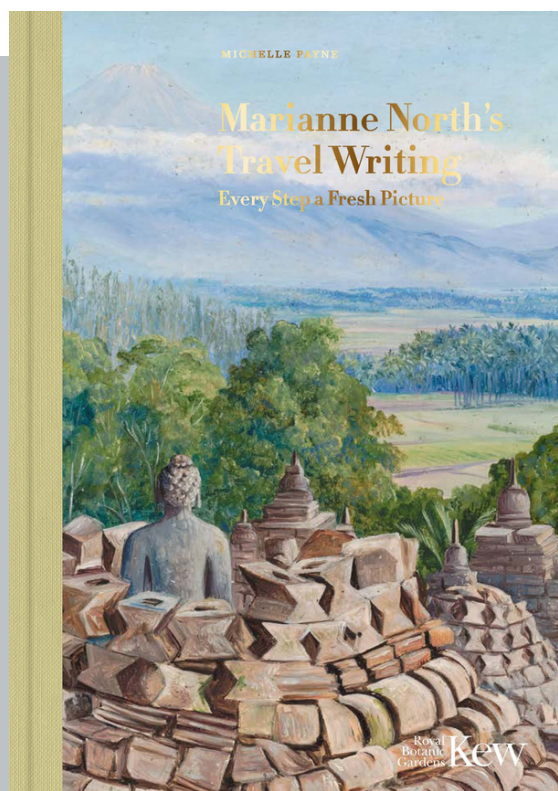
A completely updated guide to the Gardens at Kew and a wonderful souvenir of Kew to cherish before and after a visit with stunning photographs of Kew through the seasons make this a stunning keepsake of the Gardens but also a physical guide around the Gardens as well as Kew as a research institute and place of cultural and historic significance. Split into seven sections, Kew Guide covers Kew's history, its plants, trees, art, architecture and changing landscape. It also looks forward, outlining Kew's role in understanding and protecting plants and fungi for the wellbeing of people and the future of all life on Earth.

Publication Date: April 2023



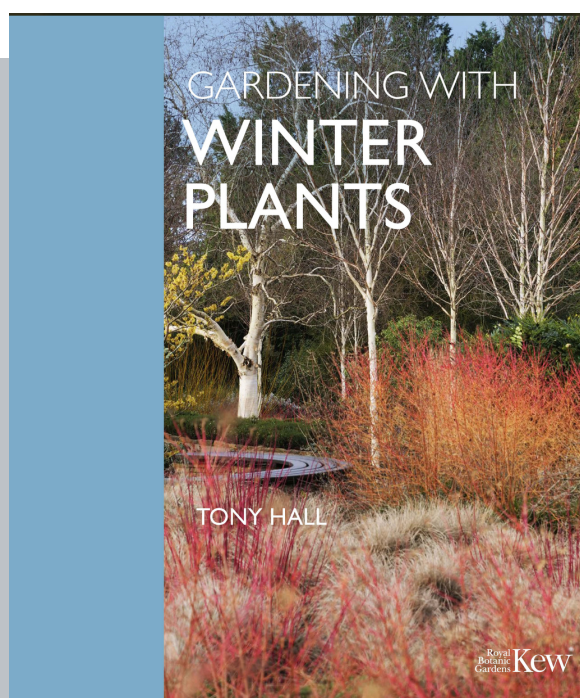
The Kew Gardens Christmas Book is a beautifully illustrated celebration of the plants and animals central to Christmas. Jenny Linford, author of the highly successful The Kew Gardens Cookbook weaves together history, folklore, botany and stories about Kew, as well as a selection of 13 delicious plant and fungi-based Christmas recipes. From the history of the Christmas tree to the intriguing story of frankincense, the book is filled with fascinating festive facts. It's suitable for the general public, food lovers, gardeners and allotment enthusiasts and social history enthusiasts. It is highly illustrated with botanical drawings from Kew's archives make this a stunning festive gift book.

Publication Date: October 2023



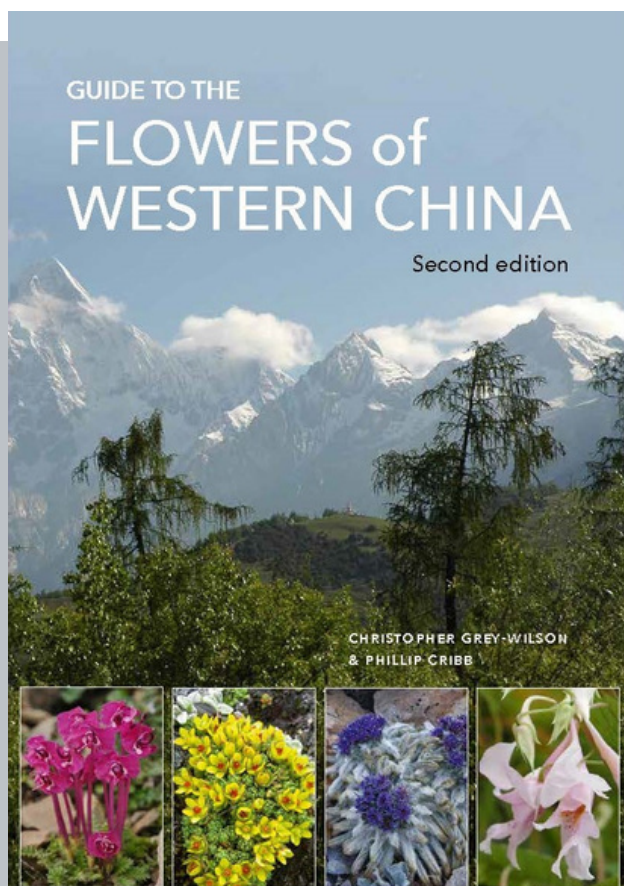
Marianne North's Travel Writing offers fresh insight into the pioneering traveller and artist Marianne North (1830–1890). Excerpts from her personal correspondence and passages from her published autobiography combine to produce a vivid first-person account revealing her interests, opinions and experiences, along with all the pleasures and frustrations of prolonged overseas travel. Richly illustrated with facsimiles of letters and pen sketches she sent to friends, and reproductions of her celebrated oil paintings. This book is suitable for art history enthusiasts, those interested in Marianne North's art and life, visitors to Marianne North Gallery at RBG Kew, historian and social historians, travel writing enthusiasts, botany enthusiasts.

Publication Date: October 2023



Winter doesn't have to be a time of year to put your garden to bed. Gardening with Winter Plants is a guide to the range of wonderful plants that will bring colour and interest to your garden at a time of year that can seem dull and grey. In this book, Kew expert Tony Hall has profiles over 200 plant species and cultivars of all types that are perfectly suited to perform in the colder months. The book has tips on planting positions, plant combinations and pruning advice to ensure success in gardens of all sizes. Gardening with Winter Plants includes a reference guide to flowering by month, plant colours and fragrancy, and information on plants that will attract wildlife.

Publication Date: October 2023

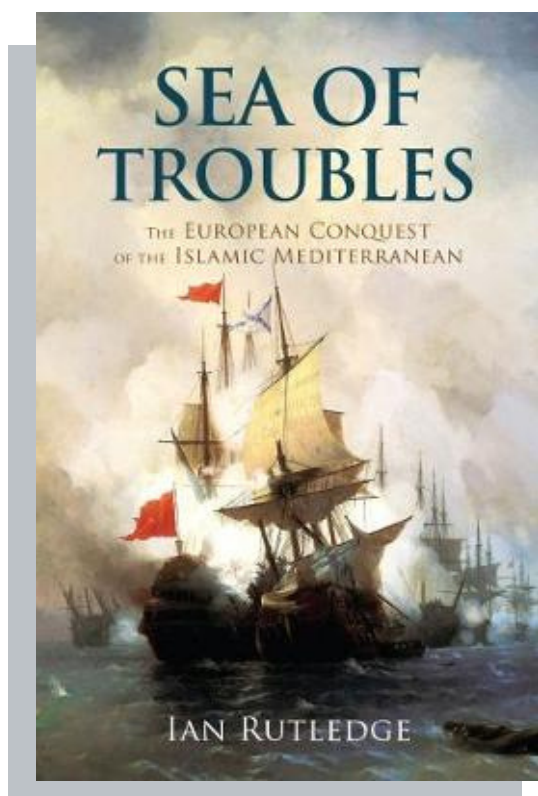


Since the publication of the first edition of Guide to the Flowers of Western China in 2011, there have been great strides in knowledge of the flora of China through international collaboration. Many plants included in the first edition have been revisited in the wild, while areas hitherto inaccessible have opened up, if sometimes only temporarily. Great advances in systematic botany have occurred since the publication of the first edition, particularly with widespread availability of rapid DNA analysis. The result of this has been an influx of new photographs and data, and the need for a second edition of Guide to the Flowers of Western China. Written by leading experts Christopher Grey-Wilson and Phillip Cribb, this completely revised and update second edition is the essential companion to the region, both as a field guide and reference work.

Publication Date: October 2023

SAQI

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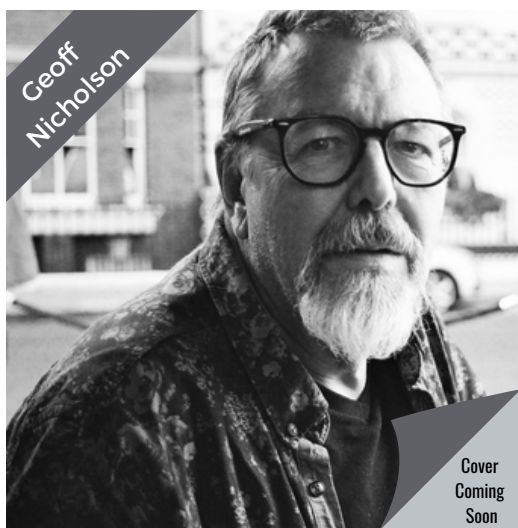
Katie Read: katie@readmedia.co.ukClaire Maxwell: claire@readmedia.co.uk

In the mid-eighteenth century, most of the Mediterranean coastline and its hinterlands were controlled by the Ottoman Empire, a vast Islamic power which was regarded by Christian Europe with awe and fear. However, by the end of the First World War, this great civilisation had been completely subjugated, its territories occupied by European states. In *Sea of Troubles*, Ian Rutledge reveals how the Mediterranean – the fault line between Europe and Islam – became the most important centre of European imperialist rivalry. Britain, France, Italy, Spain, Austria-Hungary and Russia all jostled for control of the trade, lands and wealth of this Islamic region. As rivalries intensified in the early twentieth century, events would spiral out of control as the continent headed towards war.

Publication Date: October 2023

WOMAN LIFE FREEDOM Art and Voices from the Women's Protests in Iran. Edited by Malu Halasa. The murder of Mahsa Amini on 16 September 2022 by Iran's morality police sent shockwaves throughout the country. Protests led by women spread to ninety cities in all of Iran's provinces. Videos on social media showed women in the streets with their hair uncovered, burning headscarves and even cutting their own long hair. Men soon joined the protests. Schoolgirls defaced portraits of religious leaders. Cries of *Zan Zendegi Azadi* in Farsi – Woman Life Freedom – echoed in mass demonstrations, which continue today. *Woman Life Freedom* captures this historic moment in artwork and first-person accounts by courageous women, including those too scared to reveal their true identities because of a repressive and vindictive regime. Featuring art, music and photography from the protests, this moving and inspiring anthology exposes hardship, hope and empowerment in modern-day Iran. **Publication Date: September 2023**





© Photo by Travis Elborough

Walking on Thin Air - A Life's Journey in 99 Steps.

Geoff Nicholson has been walking his whole life. Part urban explorer, part psychogeographer, rambler and flâneur, wherever he is and wherever he goes in the world, he walks and writes about what he sees and feels. Here he reflects on the nature of walking, why we do it, how it benefits us and, in some cases, how it damages and even destroys us. Walking is seldom a safe and benign activity. People injure themselves while walking; people fall, get lost, they get attacked by people and by animals; some die while walking. Geoff's recent diagnosis with an incurable form of cancer has made him all too aware of his own mortality. Although he vows to continue to walk for as long as he can, Geoff knows that sooner or later there will be a last step, a last excursion, a final drift, for him just as there is for everybody else.

Publication Date: August 2023

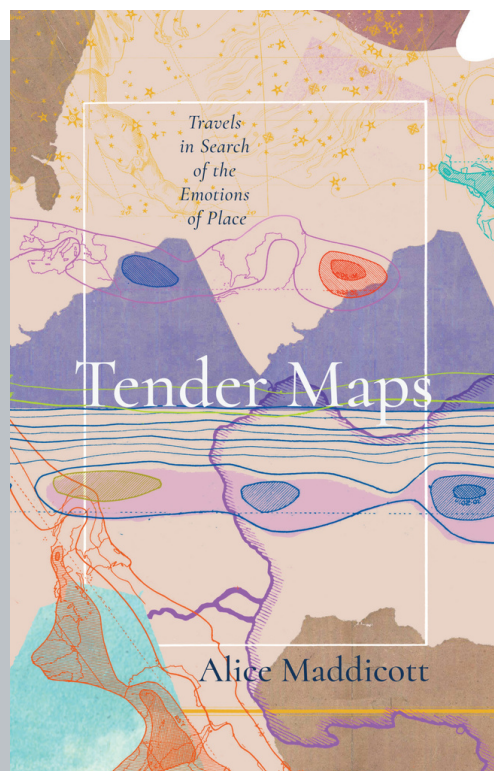


Paris Isn't Dead Yet - Surviving Gentrification in the City of Light.

Cole Stangler takes us on a poignant journey through the 'other' Paris. His vivid portraits of Parisians only just scraping by, despite hard work and resourcefulness, stand as a firm rebuttal to the city of the romantic imagination so often depicted in popular culture. In this urgent book, he investigates the past, present and likely future of Paris through the lens of class struggle, giving voice to the ordinary residents gradually being priced out of their homes and highlighting the role of immigrants in shaping the city's cosmopolitan character. Connecting them to local legacies of class conflict and to the larger structural trends reshaping cities around the world. Drawing much-needed attention to the redistributive potential of Grand Paris, a plan to better integrate the city centre with its beleaguered suburbs, he asks what, finally, are cities good for?

Publication Date: September 2023

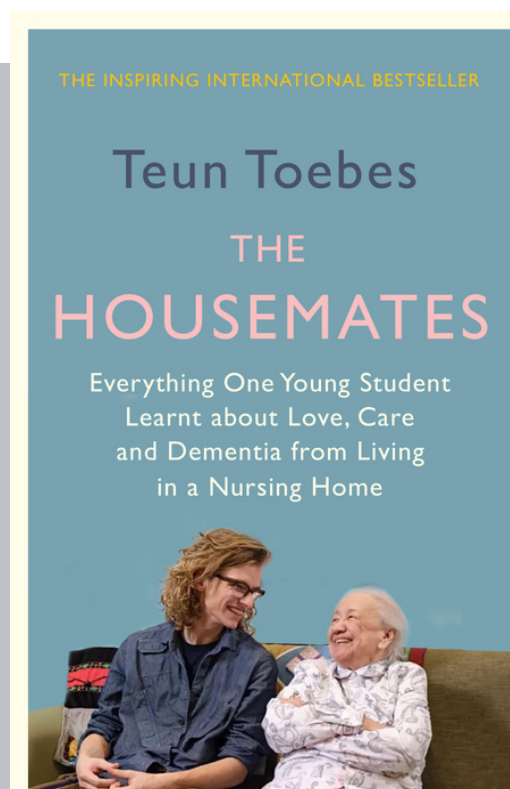
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Alice Maddicott has journeyed relentlessly and widely throughout her life. But this is more than a travelogue – it's also a journey of ideas about our experience of place, which encompasses early mapmaking, radical land art, Celtic Christianity, Situationism, children's literature, and much more.

Throughout this exploration is threaded the concept of tender mapping: starting with 17th-century maps of tenderness created by women in the salons of Paris. Tender Maps also has a strand of personal memoir; a search for a home. After being made homeless during the pandemic Maddicott returns to her beloved West Country, circling back to her childhood where her enchantment with place began.

Publication Date: 6th July 2023

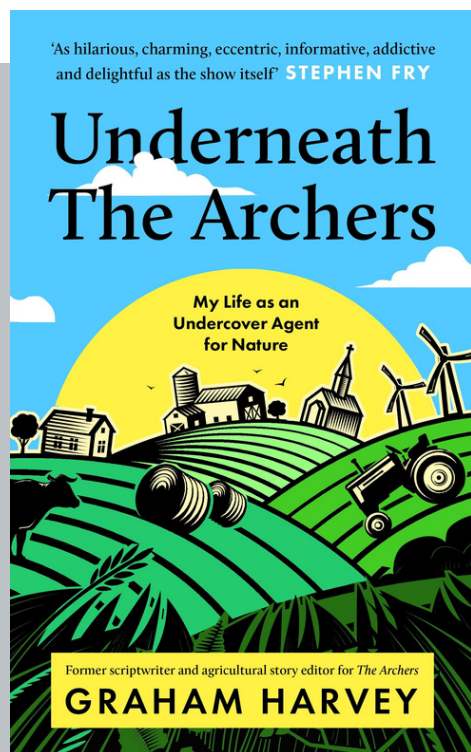


Twenty-one-year-old nursing student Teun Toebe decided to rent a room in a care home to find out what it's like to live in one as a resident – not as a nurse or a carer. The experience changed his life, as well as the lives of his new housemates. As he became embedded in the community Teun became devastated by the insight gained. Although his new friends were well looked after by the care staff, they had lost the right to come and go as they pleased, to pop out to the garden or even turn off the TV. The safety rules had reduced their identities and yet Teun knew their capacity for pleasure and distress and their value as friends and family was undimmed. Teun wanted to change what may well be his own fate in years to come given the prevalence of the disease. The book is a moving, compelling manifesto for taking the time to share and discover – to enrich lives together – not withstanding age and dementia.

Publication Date: 3rd August 2023



unbound

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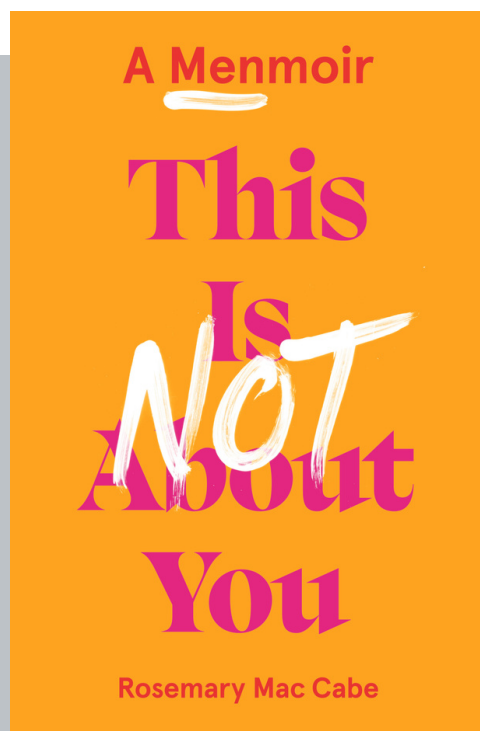
Much-loved radio drama The Archers has been at the heart of British life for over seventy years and for more than three decades, scriptwriter Graham Harvey was the man behind the show's farming storylines, writing over 600 episodes. In this book Graham interweaves personal memories of these moments with extracts from the scripts he created, offering behind-the-scenes details of how key characters and plotlines were developed. He also explores the part the show played in setting Britain on its disastrous transition from small-scale, sustainable farming to industrial agriculture. Underneath The Archers relates a personal drama, too: how Graham uncovered his father's dark, wartime secret and how he found reassurance in the fictional world he was creating and a love for England: its land, its soil, its farming culture – a love that found its perfect expression in the world of Ambridge and its inhabitants.

Publication Date: 24th August 2023



In this bold and intimate memoir Ariel Anderssen charts her journey from a strict religious upbringing as a Jehovah's Witness to her current position as one of the most widely recognised BDSM performers in the world. Her route between the two includes a period as a wretchedly miserable, teenage political activist, a phase touring with a Christian theatre group, and accidentally discovering a talent for posing for art nude photography. This surprising and unconventional career path led her to a life-altering introduction to BDSM themed erotic artwork and a whole world she never imagined existing. This is a book about BDSM, and about sexuality, but most of all it is about one woman's struggle for self-acceptance and the rewards that come from confronting who you are with honesty and compassion.

Publication Date: 24th August 2023

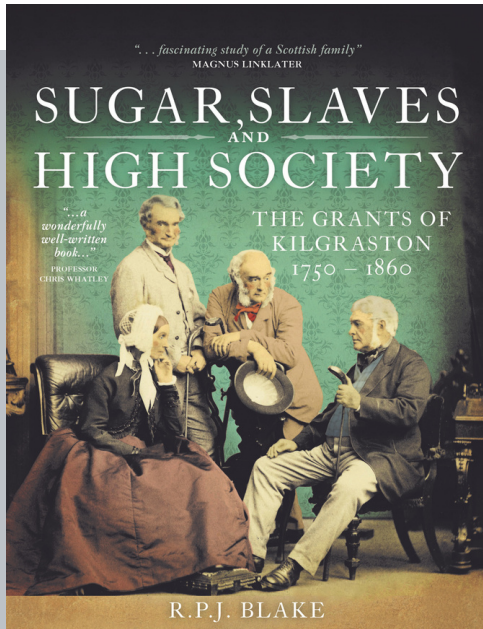


Journalist and influencer Rosemary Mac Cabe was always a serial monogamist – never happier than when she was in a relationship or, at the very least, on the way to being in one. But in her desperate search for ‘the one’ -- from first love to first lust, through a series of disappointments and the searing sting of heartbreak – she learned that finding love might mean losing herself along the way. *This Is Not About You* is a life story in a series of love stories, with each chapter dedicated to a different man. There’s Henry, with the big nose and the lovely mum, with whom sex was like having a verruca frozen off in the doctor’s surgery: ‘uncomfortable, but I had entered into this willingly’. There’s Francis, who was married. There’s Luke, who gave her a split condom.... And then there’s Brandin – Rosemary’s husband and the father to her son. *This Is Not About You* is the story of one woman – and, in a way, every woman – and her quest to find her happy ever after, no matter how high the price. Not only a gripping and humorous telling of one woman’s experiences with men, *This Is Not About You* is also an important commentary on consent and confidence issues in young women. Witty, relatable and honest, *This Is Not About You* will appeal to fans of Dolly Alderton, Nell Frizzell and Bryony Gordon and is a powerful memoir menmoir from a renowned journalist, influencer and podcast host.

Publication Date: 6th July 2023

About the Author: Rosemary Mac Cabe is a journalist, writer and podcast host from Dublin, Ireland. She has written for publications including the Irish Times, Irish Independent, Irish Tatler, IMAGE, Irish Country Magazine, STELLAR and more. Her work was featured in the mental health anthology *You, Me & Everyone We Know*, published by Inspire Ireland. Rosemary has over 43k followers on Instagram and hosts a successful podcast with her sister: *Not Without My Sister*. Rosemary lives in Indiana, US with her husband and sons. *This Is Not About You* is her first book.

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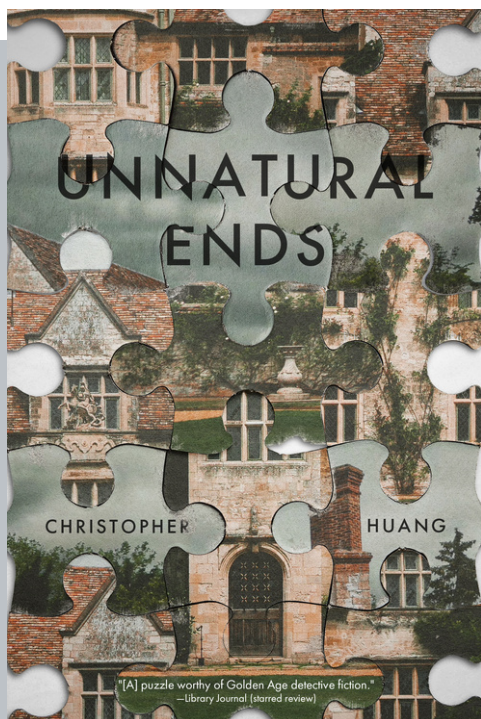
Richard Blake inherited boxes of documents from his grandfather, but it wasn't until 1993, when a freak incident in his offices led him to the discovery of a separate archive marked 'Kilgraston', that he decided to open them and piece together his family's story. Richard knew he had an extraordinary family history filled with influential and artistic individuals including Sir Francis Grant, who was President of the Royal Academy, sculptor Mary Grant, and the Earls of Elgin of Elgin marbles and Summer Palace fame. But he did not know that the fortunes of the Grants of Kilgraston in Perthshire were inextricably linked with the Caribbean slave trade. As the British Empire extended its dominion, the Grants cemented their position in high society against a background of concealed slave exploitation. Providing unique insights into the social, military, sporting and artistic worlds of the 19th century, with fascinating details about the White Rajahs of Sarawak and General Sir James Hope Grant, *Sugar, Slaves and High Society* is a story of social advancement and injustices. This illuminating account of a well-known Scottish family is based on previously unpublished documents and illustrated with maps, letters and portraits. It is not only an important record of Caribbean oppression, but a gripping family history of adventure and tragedy. The publication of *Sugar, Slaves and High Society* is well timed, following widespread interest in Scotland's role in the transatlantic slave trade.

Publication Date: 4th July 2023

About the Author: Richard Blake was born in Edinburgh and is a descendant of the Grants of Kilgraston. As a Writer to His Majesty's Signet, he practised as a solicitor in Perth. He later studied at the University of Dundee, where he was awarded a MSc. in The Origins, History and Contemporary Impact of Globalisation. He now lives in the Scottish Borders with his wife. *Sugar, Slaves and High Society* is his first book.



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Sir Lawrence Linwood is dead. More accurately, he was murdered — savagely beaten to death in his own study with a medieval mace. The murder calls home his three adopted children: Alan, an archeologist; Roger, an engineer; and Caroline, a journalist. But his heirs soon find that his last testament contains a strange proviso — that his estate shall go to the heir who solves his murder.

To secure their future, each Linwood heir must now dig into the past. As their suspicion mounts—of each other and of peculiar strangers in the churchless town of Linwood Hollow — they come to suspect that the perpetrator lurks in the mysterious origins of their own birth.

Publication Date: 14th March 2023

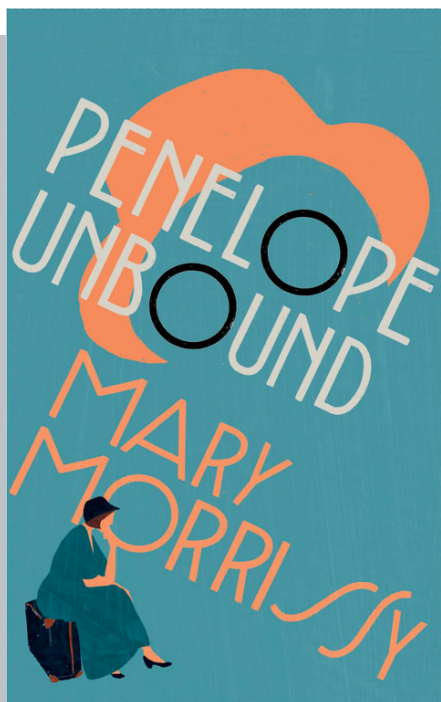


About the Author: Christopher Huang grew up in Singapore, an only child in a family tree that expands dramatically sideways at his parents' generation. He moved to Canada after his National Service, studied architecture at McGill, and settled down in Montreal, apparently for good. His first novel, *A Gentleman's Murder*, was named a 2018 Foreword INDIES Book of the Year and is in development for television. *Unnatural Ends* is his second novel.



BAN SHEE
PRESS

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On their arrival in Trieste in 1904, James Joyce left Norah Barnacle outside a railway station while he went to scare up money. He got embroiled in a fight with a couple of sailors and was locked up for his troubles. A penniless Norah was left alone for almost an entire day and night sitting on their suitcases at the station in a city where she knew no one and where she didn't speak the language. In real life, Norah waited for him. This novel asks – what if she hadn't? In *Penelope Unbound*, one of our greatest living novelists weaves a spellbinding speculative history. By unhooking Norah from her famous husband, Morrissy gives her a compelling new voice, with heartbreak and humanity all her own. Sensual, inventive and uproariously funny, *Penelope Unbound* reimagines a Joycean heroine for the 21st century.

Publication Date: 7th September 2023

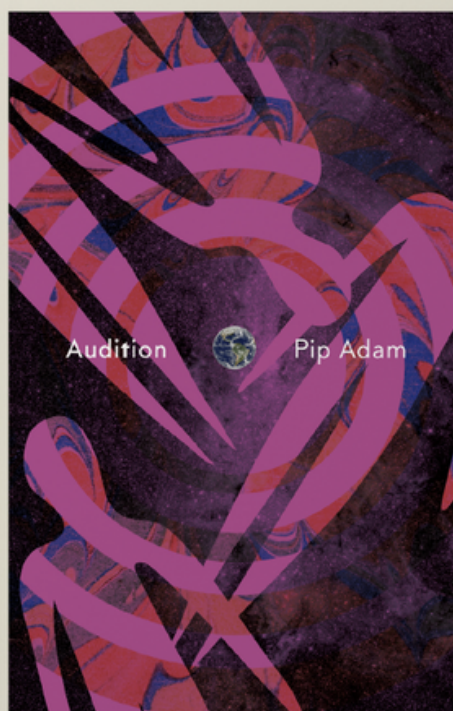


About the Author

Dublin-born Mary Morrissy is the author of three novels, *Mother of Pearl*, *The Pretender* and *The Rising of Bella Casey*, and two collections of stories, *A Lazy Eye* and *Prosperity Drive*. Her short fiction has been anthologised widely and two of her novels have been nominated for the Dublin Literary Award. A member of Aosdána, she is a journalist, a teacher of creative writing and a literary mentor. She blogs on art, fiction and history at www.MaryMorrissy.com.



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The spaceship *Audition* is hurtling through towards an event horizon. Squashed immobile into its rooms are three giants: Alba, Stanley, and Drew. If they talk, the spaceship keeps moving; if they are silent, they resume growing. So they talk, and as they do, Alba, Stanley, and Drew recover shared memories of the injustices faced back on Earth by their former selves. Or are they constructing those selves from memoryscripts that have been implanted in them? At once speculative and grimly realistic, formally experimental and politically urgent, *Audition* asks how we live with each other's violences, and what happens when systems of power decide someone takes up too much space.

Publication Date: 13th July 2023



Baudelaire Fractal
Lisa Robertson

The debut novel by acclaimed poet Lisa Robertson, in which a poet realizes she's written the works of Baudelaire.

One morning, Hazel Brown awakes in a badly decorated hotel room to find that she's written the complete works of Charles Baudelaire. In her bemusement the hotel becomes every cheap room she ever stayed in during her youthful perambulations in 1980s Paris. This is the legend of a she-dandy's life.

Part magical realism, part feminist ars poetica, part history of tailoring, part bibliophilic anthem, part love affair with nineteenth-century painting, *The Baudelaire Fractal* is poet and art writer Lisa Robertson's first novel.

Publication Date: 24th August 2023



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MOTION SICKNESS



LYNNE TILLMAN

Motion Sickness by Lynne Tillman

From the acclaimed cult writer of *Weird Fucks* For the narrator of *Motion Sickness* life is an unguided tour, populated with hotels and strangers, art, books, and films. Adrift in Europe, her life becomes a carousel of unusual encounters, where coincidences and luck shape *la vita nuova*. In London our narrator is befriended by an expatriate American Buddhist and her mysterious husband. In Paris she meets Arlette, an art historian obsessed with Velazquez's painting "Las Meninas". In Barcelona she meets two generations of Germans. She tours the hill towns of Italy in a London taxi with two surprising Englishmen in pursuit of art and Henry Moore. At once dreamlike and tough, hilarious and melancholic, *Motion Sickness* is a contemporary picaresque in which a young woman drifts and reinvents herself with every new encounter.

Publication Date: 7th September 2023



CENTRO EUROPA

VICENTE
LUIS MORA

TRANSLATED BY RAHUL BERY

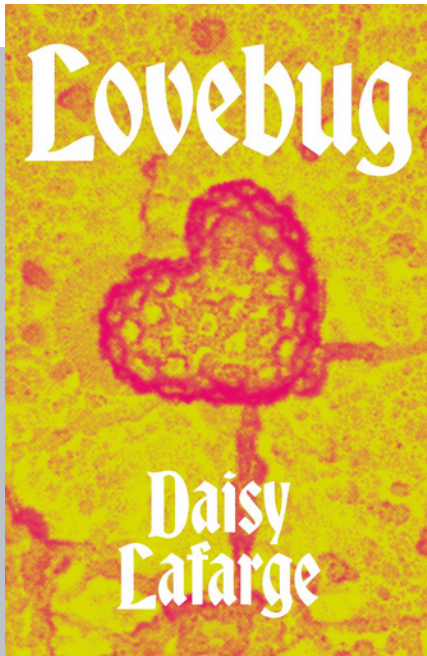


Centroeuropa by Vicente Luis Mora

Prussia, the early 19th century. As he attempts to bury his recently deceased wife, Redo Hauptshammer uncovers the frozen body of a uniformed soldier. As he continues to dig, the bodies start to pile up - all of them fallen cavalymen bearing the secrets of an earlier era. For readers of W. G. Sebald and Agustín Fernández Mallo, this archaeological novel digs into Europe's soil, uncovering a long history of violence and expropriation. Mora's writing is audacious, melancholy, and formally experimental, with each chapter exactly double the length of the one that precedes it - as the bodies proliferate, the story keeps getting more complicated. In a bold yet lyrical translation by Rahul Bery, *Centroeuropa* introduces English-speaking readers to one of Europe's pre-eminent experimental prose writers currently at work. **Publication Date: 2nd November 2023**



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Lovebug by Daisy Lafarge

When was love first described as a sickness? When did the body in love begin to be likened to one battling an infection? In this meditative and inventive essay, Daisy Lafarge explores metaphors of love and disease as she seeks to understand our intimacy with microbial life. Even in an age of fermented food and flourishing microbiomes, when it comes to thinking about infection, our imaginations remain dominated by an old script of good versus evil: the pure self threatened by pathogenic others. But as Lafarge points out, microbial cells in our bodies equal or even outnumber those that are 'human', while ancient viruses are inscribed in our DNA. So-called human life simply would not exist if the world were divided into binaries of self and other, good and bad, sickness and health. Lovebug is an essay about the poetics of infection, and about how we can learn to live with multispecies ambivalence. Turning to microbiology, literature, mysticism, and psychoanalysis, Lafarge explores the uncomfortable intimacy between the human body and the many bacteria, viruses, and parasites to which it is host. How might we forge non-phobic relationships to our 'little others'? How might we rewild our imaginations?

Publication Date: 5th October 2023



LOVE LIKE YOUR HEART'S ON FIRE

SALLY-ANNE LOMAS

Sixteen-year-old Pen Flowers is angry. She's furious about climate injustice and social inequality, her parents' separation, and her own lonely single existence. The only thing that makes life worth living is dancing. And with that she plans to change the world.

But when romance arrives unexpectedly on the Number eleven bus, Pen leaps in. Once her heart's set ablaze, she's gripped by passion. With emotions running high, can she stay true to herself, her art, and all the things that matter most to her? *Love Like Your Heart's On Fire* is the stunning sequel to *Live Like Your Head's On Fire*. It is a celebration of the power of dance to drive change, and a page-turning story of teenage dreams and devastation. Sally-Anne Lomas's *On Fire* Trilogy is destined to become a must-read for everyone who wants to live life with passion and make the world a better place.

Publication Date: 4th July 2023

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